



## **Parent Peer Support group**

The Children's Disability Forum City and hackney

Let's discuss:

## 'What it was like getting a diagnosis for my child'

What was your experience of getting a clinical diagnosis for your child, come and share your stories and enjoy meeting other parents who have gone through similar experiences.

Date: 25th April 2018 Time: 11am until 1pm Venue: The Huddleston Centre. 30 Powell Road, London, E5 8DJ

Refreshments Provided

Within this group we discuss issues that affect parents raising children with disabilities. This groups is for parents who live in City and Hackney. Parents meet and support each other in a relaxed and informal environment. Sometimes the groups are topic themed where we will discuss a specific theme. Other times we meet and try new activities like 'learning to draw' or 'meditation and relaxation' This group is able to make recommendations to the Clinical Commissioning group for City and Hackney. Giving parents a say in the services that are provided.

> Contact: <u>anjie@huddlestoncentre.org.uk</u> for more details or just pop in for the group