



Christmas Card Making workshop!

***Supporting parents of disabled children
Parents peer support group.***

**At: The Huddleston Centre
30 Powell Road
London E5 8DJ**



12th December 2017

11am until 1pm

Come and join us making Christmas cards! Meet new parents and enjoy some refreshments.

Within this group we discuss issues that affect parents raising children with disabilities. This group is for parents who live in City and Hackney. Parents meet and support each other in a relaxed and informal environment.

Sometimes the groups are topic themed where we will discuss a specific theme. Other times we meet and try new activities like 'learning to draw' or 'meditation and relaxation'

This group is able to make recommendations to the Clinical Commissioning group for City and Hackney. Giving parents a say in the services that are provided.